Fatty Liver Disease

Causes:



Obesity and overweight conditions



Type 2 diabetes or insulin resistance



High cholesterol and triglyceride levels



Excessive alcohol consumption (alcoholic fatty liver disease)



Rapid weight loss or malnutrition

Symptoms:



Fatigue and weakness



Abdominal discomfort or pain in the upper right quadrant



Unexplained weight loss



Nausea or loss of appetite



Swelling in the abdomen (ascites) in advanced cases

Reference:
1. Grander C, Grabherr F, Tilg H. Non-alcoholic fatty liver disease: pathophysiological concepts and treatment options. Cardiovascular research. 2023 Jul;119(9):1787-98. 2. Powell EE, Wong VW, Rinella M. Non-alcoholic fatty liver disease. The Lancet. 2021 Jun 5;397(10290):2212-24.

3. Maurice J, Manousou P. Non-alcoholic fatty liver disease. Clinical medicine. 2018 Jun 1;18(3):245-50.

4. Fatty liver disease [Internet]. MedlinePlus. Bethesda (MD): U.S. National Library of Medicine; [cited 2025 Mar 25]. Available from: https://medlineplus.gov/fattyliverdisease.html

Issued in public interest from the makers of ADLIV



Nature's Protection for the Liver







