Viral Hepatitis

Causes:



Infection with hepatitis A, B, C, D, or E viruses



Contaminated food or water (HAV, HEV)



Blood transfusions with infected blood (HCV)



Unprotected sexual contact (HBV)



Sharing needles or syringes

Symptoms:



Fatigue and malaise



Jaundice (yellowing of skin and eyes)



Dark urine and pale stools



Abdominal pain (especially in the upper right quadrant)



Nausea and vomiting

Reference

1. Almeida PH, Matielo CE, Curvelo LA, Rocco RA, Felga G, Della Guardia B, Boteon YL. Update on the management and treatment of viral hepatitis. World journal of gastroenterology. 2021 Jun 21;27(23):3249.

2. Centers for Disease Control and Prevention. About hepatitis [Internet]. Atlanta: CDC; [cited 2025 Mar 25]. Available from: https://www.cdc.gov/hepatitis/about/index.html/

3. Hepatitis [Internet]. Philadelphia: Penn Medicine; [cited 2025 Mar 25]. Available from: https://www.pennmedicine.org/for-patients-and-visitors/patient-information/conditions-treated-a-to-z/hepatitis

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Nature's Protection for the Liver







